Building Strong Teams by Managing Conflict

This workshop focuses on the skills employees need to work effectively as a team when issues occur and the skills needed to prevent healthy disagreements from becoming destructive conflicts. During the workshop, we'll discuss the nature of conflict, healthy and unhealthy conflict, typical approaches to conflict resolution, skills for resolving conflicts effectively, and skills for helping others resolve conflict. We'll practice ways to resolve issues before they become disruptive conflicts and ways to deal with issues objectively. The focus will be on working collaboratively with others, on resolving issues before they become personal, and learning ways to avoid the schisms that can occur when conflicts aren't resolved.

Meet the Instructor: <u>Greg Hessel</u> http://www.regenerationresources.org/